

Join the Carroll County Bureau of Aging & Disabilities for a week-long Virtual Open House as we explore Carroll County's Aging and Disabilities services through program presentations and featured speakers. Registration for the event allows access to all presentations and speakers. Feel free to log-in and out based on your schedule and interests.

VIRTUAL Open House 2021

April 19

BUREAU'S PROGRAMS & SERVICES

- ⇒ Maryland Access Point—Information & Assistance
- ⇒ Home & Community Based Services Programs
- ⇒ Living Healthy, Living Well Program—Self-Management for those with Chronic Conditions, Diabetes or Chronic Pain
- ⇒ Veteran Services and Veterans Shuttle Transportation Programs
- ⇒ State Health Insurance Assistance and Senior Medicare Patrol Programs
- ⇒ Long-Term Care Ombudsman Program: An Advocacy and Education Resource

CAREGIVER CONFERENCE

- ⇒ COVID Fatigue
- ⇒ Medical Cannabis
- ⇒ Battling Isolation
- ⇒ Tips & Tools for Assisting Loved Ones with Dementia

April 20

April 21

SENIOR & COMMUNITY CENTERS

- ⇒ A Look at our Local Senior & Community Centers
- ⇒ Virtual Demonstration of Arthritis Exercise Class
- ⇒ Planning a Healthy Diet
- ⇒ Virtual Demonstration of Strength & Mobility Exercise Class
- ⇒ A Behind-the-Scenes Overview of the Congregate Meal Program

GRANDPARENTS RAISING GRANDKIDS CONFERENCE

- ⇒ Early Childhood Trauma
- ⇒ What's the New Norm: Virtual Learning and Social Media
- ⇒ Adoption, Custody & Guardianship
- ⇒ Handling Confrontations

April 22

April 23

TOPICS OF INTEREST FOR OLDER ADULTS

- ⇒ Information on AARP Safe Driving Program
- ⇒ Housing 101—Everything you Need to Know about the Housing Choice Voucher Program
- ⇒ National Healthcare Decision Day
- ⇒ Falls Prevention

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

Participate using: Phone—Smartphone—Tablet—Computer

